



**CAREGIVER
RENEWAL INSTITUTE**

Empowering Caregivers. Renewing Hope.

CAREGIVER RESOURCE LIBRARY BOOKLIST



Contact us today at contact@caregiverrenewal.org to check out or borrow a physical copy of one of the titles below. You may pick them up from our office in Tallahassee, FL near Capital Circle and Mahan Drive.

A

CANCER CAREGIVING A TO Z: *An At-Home Guide for Patients and Families*

by: American Cancer Society

B

CANCER CLINICAL TRIALS

by: Tomaz M. Beer, M.D.

COACH BROYLES' PLAYBOOK FOR ALZHEIMER'S CAREGIVERS: *A Practical Guide*

by: Frank Broyles

THE FALL OF FREDDIE THE LEAF

by: Leo Buscaglia

PARKINSON'S: *A Love Story with Dementia for Dessert*

by: Ava S. Butler

C

OK NOW WHAT? A CAREGIVER'S GUIDE TO WHAT MATTERS

by: Sue Collins, R.N. and Nancy Taylor Robson

D

THE CAREGIVING SEASON: *Finding Grace to Honor Your Aging Parents*

by: Jane Daly

F

CRUISING THROUGH CAREGIVING: *Reducing Stress of Caring for Your Loved One*

by: Jennifer L. FitzPatrick, MSW, CSP

CAREGIVER DEFINED: *Words that honor the work of the caregiver*

by: Michael Fortuna

G

STUCK WITH IT, NOT IN IT: *Redefining Life with Parkinson's Disease*

by: Susan Gangsei

THE LIGHT IN THE MIDDLE OF THE TUNNEL:

Harrowing but Hopeful Stories of Parkinson's Family Caregivers

by: Susan Gangsei

IT TAKES COURAGE TO BE A CAREGIVER

by: Cheryl Ginnings

ULTIMATE PULMONARY WELLNESS

by: Noah Greenspan

PARKINSON'S DISEASE: *An In-depth Metabolic Guide*

by: Ray Griffiths, MSC.

H

A PARKINSON'S LIFE AND A CAREGIVER'S ROADMAP

by: Joylon Hallows

AFFIRMATIONS FOR FAMILY CAREGIVERS

by: Harriet Hodgson

THE FAMILY CAREGIVER'S GUIDE

by: Harriet Hodgson

BEYOND FORGETTING: *Poetry and Prose about Alzheimer's Disease*

by: Holly Hughes

CARRYING THE BLACK BAG: *A Neurologist's Bedside Tales*

by: Thomas J. Hutton

PREVENTING FALLS: *A Defensive Approach*

by: Thomas J. Hutton

J

JUST IN TIME

by: Joan L. Jackson

LIVING WITH CANCER: *A Step-by-Step Guide for Coping Medically and Emotionally with a Serious Diagnosis*

by: Vicky A. Jackson, M.D. & others

CONSIDER IT PURE JOY

by: Jennifer Austin Jones



K

MAKING TOUGH DECISIONS ABOUT END-OF-LIFE CARE IN DEMENTIA

by: Anne Kenny, M.D.

L

THE AFTEREFFECTS OF CAREGIVING

by: Gary LeBlanc

STAYING AFLOAT IN A SEA OF FORGETFULNESS

by: Gary LeBlanc

NAVIGATING YOUR LATER YEARS FOR DUMMIES

by: Carol Levine

WHEN ILLNESS ALWAYS TURNS FAMILIES ON CALL INTO CAREGIVERS

by: Carol Levine

A GRADUAL DISAPPEARANCE: *A Personal Reflection on Living with Memory Loss*

by: Elizabeth Lonsetg

THE DANGERS OF DENIAL: *Embracing the Challenges of Alzheimer's and Dementia*

by: Elizabeth Lonsetg

M

THE 36-HOUR DAY: *A Family Guide to Caregiving for People Who Have Alzheimer's Disease, Other Dementias and Memory Loss*

by: Nancy L. Mace, M.A. and Peter V. Rabins, M.D.

EVERYTHING YOU NEED TO KNOW ABOUT PARKINSON'S DISEASE:

The Complete Guide for Anyone Caring for Someone with Parkinson's Disease

by: Lianna Marie

A GUIDE FOR CAREGIVING: *What's Next? Planning for Safety, Quality, and Compassionate Care for Your Loved One and Yourself*

by: Tina M. Marrelli, R.N.

THE NEW PARKINSON'S TREATMENT EXERCISE IS MEDICINE

by: Joan Maxwell Paddock and Melissa McConaghy, M.D.

BUTTERFLY KISSES AND WISHES ON WINGS *(2 Spanish Copies) (1 English Copy)*

by: Ellen McVicker

HOLDING THE NET: *Caring for My Mother on the Tightrope of Aging*

by: Melanie P. Merriman

LOVE'S LAST MEASURE: *Lessons Found at Death's Door*

by: Anne C. Mikkelsen

TAKE CHARGE OF PARKINSON'S DISEASE: *Dynamic Lifestyle Changes to Put YOU in the Driver's Seat*

by: Anne C. Mikkelsen

LISTEN, SING, DANCE, PLAY: *Bring Musical Moments into the Rhythms of Caregiving*

by: Rachelle Morgan



N

THE COCONUT OIL & LOW-CARB SOLUTION FOR ALZHEIMER'S, PARKINSON'S, AND OTHER DISEASES

by: Mary T. Newport, M.D.

H O P E FOUR KEYS TO A BETTER QUALITY OF LIFE

by: Hall Newsom

O

THE HISS OF HOPE: *A Voyage with Parkinson's Toward an Intimate Autonomy*

by: Meredith Oenning-Hodgson

10 BREAKTHROUGH THERAPIES FOR PARKINSON'S DISEASE

by: Michael S. Okun, M.D.

P

MULTIPLE SCLEROSIS: *300 Tips for Making Life Easier*

by: Shelly Schwarz Peterman

COPD: *The Eat to Breath Plan to Feeling Better*

by: Teri L. Pizza

R

PDR 2010 NURSE'S DRUG HANDBOOK

by: Thomson Reuters and Alexander Ivy

PARKINSON'S HUMOR: *Funny Stories about My Life with Parkinson's Disease*

by: Beverly Ribaldo

7 CAREGIVER LAND MINES

by: Peter W. Rosenberger

CAN I STILL KISS YOU? *Answering Your Child's Questions About Cancer*

by: Neil Russell

S

THE ULTIMATE COMPASSIONATE GUIDE TO CAREGIVING

by: Tena L. Scallan

ARTHRITIS 300 TIPS FOR MAKING LIFE EASIER

by: Shelly Schwarz

MEMORY TIPS FOR MAKING LIFE EASIER

by: Shelly Schwarz

MULTIPLE SCLEROSIS: *Tips and Strategies for Making Life Easier*

by: Shelly Schwarz

AND IN HEALTH: *A Guide for Couples Facing Cancer Together*

by: Dan Shapiro



PARKINSON'S DISEASE AND THE FAMILY: *A New Guide*

by: Nuta Sharma, M.D.

FIGHTING PARKINSON'S... AND WINNING: *A memoir of my recovery from Parkinson's Disease*

by: Howard Shifke

MY PARENT HAS CANCER AND IT REALLY SUCKS

by: Maya Silver and Marc Silver

YOUR BRAIN AFTER CHEMO

by: Dan Silverman, et al

THE SOUL OF CAREGIVING

by: Edward M. Smink

INSIDE THE DEMENTIA EPIDEMIC

by: Martha Stettinius

AUTOLOGOUS STEM CELL TRANSPLANT: *Handbook for Patients*

by: Susan K. Stewart

BONE MARROW AND BLOOD STEM CELL TRANSPLANTS *(English and Spanish)*

by: Susan K. Stewart

GRAFT-VERSUS-HOST DISEASE: *What to Know, What to do (English and Spanish)*

by: Susan K. Stewart

T

REAL FAMILIES, REAL NEEDS: *A compassionate Guide for Families Living with Disabilities*

by: Joni Eareckson Tada

A STEP FURTHER: *Growing Closer to God Through Hurt and Hardship*

by: Joni Eareckson Tada and Steve Estes

THE HEART OF THE CAREGIVER

by: Mary Tutterow

U

ROUGH CROSSINGS: *Family Caregivers' Odysseys through the Health Care System*

by: United Hospital Fund

V

A PARKINSON'S PRIMER: *An Indispensable Guide to Parkinson's Disease for Patients and Their Families*

by: John M. Vine



W

ROLE REVERSAL

by: Iris Waichler

A LOVING APPROACH TO DEMENTIA CARE

by: Laura Wayman

THE CAREGIVER TRAP: SOLUTIONS FOR LIFE'S UNEXPECTED CHANGES

by: Pamela D. Wilson

ESSENTIAL PUREE - THE A TO Z GUIDEBOOK:

67 Delicious Recipes for the Dysphagia Diet & Soft Food Diet

by: Diane Wolff

WHEN SOMEONE YOU KNOW IS LIVING IN A DEMENTIA CARE COMMUNITY:

Words to Say and Things to Do

by: Rachael Wonderlin

Z

EXERCISE AND PARKINSON'S DISEASE

by: David Zid

FUNCTIONAL FITNESS FOR PARKINSON'S

by: David Zid
